

Hello, my name is

Follow the steps below to introduce yourself in British Sign Language.



Right handed



Left handed



Hello,

With an open hand, wave from side to side.

my name is

To sign 'my name is', you sign 'name', followed by 'my'.

Sign 'name':

- Put the tips of your index and middle fingers ('N' shape) to touch your forehead.
- Then, twist your hand forwards at the wrist until your fingers are facing in front of your face.

Sign 'my':

- Place a closed hand onto the centre of your chest.

(your name)

Fingerspell your name, mouthing it at the same time.

